

# Disclosure Statement

## Disclosure of Credentials

You are entitled to the name, business address, business phone number, and a listing of degrees, credentials, and licenses of the therapist providing psychotherapy services to you.

Jonathan D. Gray, MA  
Licensed Professional Counselor, license #4488  
Licensed Addiction Counselor, license #871  
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720.773.1264

Jonathan Gray received his Master of Arts degree in Counseling from Denver Seminary in Colorado, in 2002. He has worked extensively with clients struggling with mental health, chemical dependency, and other behavioral issues, including addiction recovery, depression, anxiety, panic, life transitions, relationships, career and goal achievement. He has previously worked in residential, outpatient, detox, and medical primary care settings as a behavioral health professional and supervisor. He enjoys working with all adults and families, utilizing primarily cognitive behavior therapy (CBT), motivational enhancement, and solution-focused therapeutic techniques. Further information about his degree and clinical background is available upon request.

## Ethical Standards and Your Rights as a Client

The practice of licensed or registered persons in the field of psychotherapy is regulated by the Mental Health Licensing Section of the Division of Professions and Occupations. The Board of Licensed Professional Counselor Examiners can be reached at 1560 Broadway, Suite 1350, Denver, Colorado 80202, (303) 894-7800.

As to the regulatory requirements applicable to mental health professionals:

- Registered psychotherapist is a psychotherapist listed in the State's database and is authorized by law to practice psychotherapy in Colorado but is not licensed by the state and is not required to satisfy any standardized educational or testing requirements to obtain a registration from the state.
- Certified Addiction Counselor I (CAC I) must be a high school graduate, complete required training hours and 1,000 hours of supervised experience.
- Certified Addiction Counselor II (CAC II) must complete additional required training hours and 2,000 hours of supervised experience.
- Certified Addiction Counselor III (CAC III) must have a bachelor's degree in behavioral health, complete additional required training hours and 2,000 hours of supervised experience.
- Licensed Addiction Counselor must have a clinical master's degree, meet the CAC III requirements, and pass a standardized examination.
- Licensed Social Worker must hold a master's degree in social work.
- Psychologist Candidate, a Marriage and Family Therapist Candidate, and a Licensed Professional Counselor Candidate must hold the necessary licensing degree and be in the process of completing the required supervision for licensure.
- Licensed Clinical Social Worker, a Licensed Marriage and Family Therapist, and a Licensed Professional Counselor must hold a master's degree in their profession and have two years of supervision post-graduation.
- A Licensed Psychologist must hold a doctorate degree in psychology and have one year of postdoctoral supervision.

You are entitled to receive information about methods of therapy, therapy techniques, duration of therapy (if known), and fee structure. You may seek a second opinion from another therapist or may terminate therapy at any time. In a professional relationship, sexual intimacy is never appropriate and should be reported to the board that licenses, registers, or certifies the licensee, registrant, or certificate holder.

